

Support Groups

1. **Therapist-Led Family Support Groups** are intended for family members or loved one of those on the Registry. Often, they are struggling as well and may not want to burden their loved one. The Therapist-led family support group is offered free of charge by the therapist(s) as a service to the community.

Currently, there is one group that meets on the second Saturday of each month from 11am-1pm ET via ZOOM. All participants must be members of FAC, or personally invited to the group by the therapist.

2. **Peer-Led Family Support Groups** are intended for family members or loved one of those on the Registry. Group Facilitators are trained by a qualified therapist to learn and practice basic skills to keep the group unified and productive.

Currently, there are no peer-led Family Support Groups available.

3. **Peer-Led Fearless Groups** are intended for registered citizens as well as family members or loved one of those on the Registry. Group Facilitators are expected to follow the model for Fearless Groups to retain the continuity of the program regardless of where they attend sessions, similar to AA meetings.

Currently, there is one Fearless Group in the Tampa area, but may be inactive at this time.

4. **Certified Men's Support Group – based on book “28 Pitfalls of a Man” by Rodney Rankins.** This group is intended for registered men only. Group Facilitators are trained by the author and must complete the Certification program before a group is assigned to them.

Currently, under development.

5. **Empowering Women's Support Group** – This group is intended for registered women only. Currently, under development.